

BELLEVILLE TOWNSHIP HIGH SCHOOL WEST

Instrumental Music



Marching Maroons
Pregame. Warmup. Production.
2025 - 2026
Alto Saxophone

E♭ Alto Saxophone Fingering Chart

A♯	B♭	B	C	C♯	D♭	D	D♯	E♭	E

F	F♯	G♭	G	G♯	A♭	A	A♯	B♭

B	C	C♯	D♭	D	D♯	E♭	E	F

F♯	G♭	G	G♯	A♭	A	A♯	B♭	B

C	C♯	D♭	D	D♯	E♭	E	F

(Notes on gray background are suggested altissimo fingerings.)

F♯	G♭	G	G♯	A♭	A	A♯	B♭	B	B♮

Saxophone Maintenance

How to keep things working

A saxophone is an expensive responsibility and will require careful attention to keep it in prime working order. Each student is held responsible for his/her instrument. It is therefore recommended that siblings, friends and even parents without musical training should not attempt to assemble, play or clean the instrument.

NEVER EVER EVER EVER EVER EVER...

1. Get your saxophone wet. Water will damage your pads!
2. Use any product other than cork grease on your instrument!
3. Grab your instrument by the keys. Thin metal bends easily!!!
4. Use hot water to clean your mouthpiece!
5. Set your instrument down with the keys touching the ground!

Daily Care:

1. Remove saxophone from case without squeezing the keys.
2. Always wipe the neck joint with a soft cloth before assembly. Use a small amount of cork grease to the mouthpiece cork
3. Use a gentle back-and-forth motion to twist saxophone together. Don't push the mouthpiece past halfway onto the cork!
4. Do not over-tighten your ligature or screw at that holds the neck in place. This will make it harder to play and can break the screws or strip the ligature!
5. Always swab the instrument when done playing. Reeds must be removed from the mouthpiece. If left on, your mouthpiece and reed can grow mold!!!
6. Always store your saxophone in your case. ***Do not put anything else inside your case, this can bend the keys.***

Monthly Care:

1. Check all screws and keys.
2. If any seem loose, take to a music store or teacher. DO NOT try to adjust them yourself. Serious damage can be caused by over/under tightening.

Yearly Care:

It is recommended that you have your instrument inspected by a professional each year. The shop may find adjustments or worn pads that are affecting the optimal performance of your instrument.

If you follow these guidelines your saxophone will last a VERY long time and will sound great the whole time!!!

E♭ Alto Sax.

WARM UPS FOR MARCHING BAND

Applications of The Breathing Gym

Pitañan & Sheridan
Percussion by Gagliola

Remington 1 (flow study)

Musical notation for Remington 1, a flow study in 4/4 time. It consists of two staves of music. The first staff starts with a dynamic marking of *mp - f*. The music features a sequence of notes with slurs and breath marks. Annotations include "(release with a breath)" and "(etc.)".

Remington 2 (flow study)

Musical notation for Remington 2, a flow study in 4/4 time. It consists of four staves of music. The first staff starts with a dynamic marking of *mf - f*. The music is more complex, featuring sixteenth notes and slurs. Annotations include "(release with a breath)" and "(etc.)".

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Cut Line

Warm Ups for Marching Band - E♭ Alto Sax. - page 2

Musical notation for Shwarmaaaa!, a flow study in 4/4 time. It consists of one staff of music. The music features a sequence of notes with slurs and breath marks. An annotation "(etc.)" is present at the end of the staff.

Soft Touch (technique study)

Musical notation for Soft Touch, a technique study in 4/4 time. It consists of two staves of music. The first staff starts with a dynamic marking of *pp*. The music features a sequence of notes with slurs and breath marks.

Shwarmaaaa! (flow study)

Musical notation for Shwarmaaaa!, a flow study in 4/4 time. It consists of one staff of music. The music features a sequence of notes with slurs and breath marks. A dynamic marking of *mf - f* is present.

Red Leather, Yellow Leather (technique study)

Musical notation for Red Leather, Yellow Leather, a technique study in 4/4 time. It consists of one staff of music. The music features a sequence of notes with slurs and breath marks. An annotation "(move down chrom. on repeat)" is present.

Red Lea-ther, Yel-low Lea-ther Red Lea-ther, Yel-low Lea-ther

Musical notation for Red Leather, Yellow Leather, a technique study in 4/4 time. It consists of one staff of music. The music features a sequence of notes with slurs and breath marks.

Red Lea-ther, Yel-low Lea-ther, Red! Red Lea-ther, Yel-low Lea-ther Red Lea-ther, Yel-low Lea-ther Red Lea-ther, Yel-low Lea-ther, Red!

Alternative Cut Line

Tongue Coordination (technique study)

mp - f

Flex Study 1

mp - f

Flex Study 2

mp - f

Cut Line

mp - f

Chorale (flow study)

pp - ff

sfp

Alternative Cut Line

Championship Chorales

from Bach, Beethoven, Chopin, Mahler & R. Strauss

$\text{♩} = 72$ Bach: Chorale Prelude #26

Musical score for Bach: Chorale Prelude #26, Alto Sax. The score consists of two staves. The first staff starts at measure 1 with a *mf* dynamic. The second staff starts at measure 7 and includes a *ff* dynamic. There are two boxed sections: "Soft Ending" and "Big Ending".

$\text{♩} = 72$ Beethoven: Pathétique Sonata (Op. 13), Adagio Cantabile

Musical score for Beethoven: Pathétique Sonata (Op. 13), Adagio Cantabile, Alto Sax. The score consists of two staves. The first staff starts at measure 14 with a *mp* dynamic. The second staff starts at measure 14 and includes dynamics *f*, *mp*, *mf*, and *p*.

Chopin: Preludes (Op. 28) #4 - Largo

Musical score for Chopin: Preludes (Op. 28) #4 - Largo, Alto Sax. The score consists of two staves. The first staff starts at measure 23 with a *mp* dynamic. The second staff starts at measure 23 and includes a *rit.* marking. There is a boxed section labeled "32".

Championship Chorales - Alto Sax. - pg. 2

Mahler: Symphony No. 5 - Adagietto

Musical score for Mahler: Symphony No. 5 - Adagietto, Alto Sax. The score consists of two staves. The first staff starts at measure 39 with a *p* dynamic. The second staff starts at measure 39 and includes dynamics *mf*, *ff*, and *mp*. There is a boxed section labeled "48".

$\text{♩} = 72$ Strauss (Richard): Also Sprach Zarathustra

Musical score for Strauss (Richard): Also Sprach Zarathustra, Alto Sax. The score consists of three staves. The first staff starts at measure 56 with a *p* dynamic. The second staff starts at measure 56 and includes dynamics *mf* and *f*. The third staff starts at measure 62 and includes a *rit.* marking and a *molto rit.!* marking. There are boxed sections labeled "60", "64", and "68".

The Five-Minute Warm-Up for Winds

a daily routine for developing tone, tuning, technique, and musicianship

Alto Sax

Todd Marchand (ASCAP)

1 ♩ = 120

8

17

25

3

43

4

52

61

69

5

77

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84 6

91

97 *mf* *cresc.*

104 *f* *mf* 7

111

117 *mf* 8

123

129 *f* *mp* *cresc.* *mf* *cresc.* 9

139 *f* *dim.* *mf* *dim.* *mp* *dim.*

148 *p*



Alto Sax 1

RAP HITS

arranged by TOM WALLACE
perc. by TONY MCCUTCHEN

1. LOW

Crunk ♩ = 132

Musical notation for '1. LOW' in treble clef, key of D major, 4/4 time. It consists of three staves of music. The first staff starts with a 2-measure rest, followed by eighth-note patterns. The second staff continues with eighth-note patterns and includes a *ff* dynamic marking. The third staff includes a first ending bracket over measures 16-17 and a second ending bracket over measures 17-18. Chord symbols 'A' are placed above various notes.

1. LOW 2. YEAH! 3. INDUSTRY BABY

Words and Music by TRAMAR DILLARD, MONTAY HUMPHREY,
KOREY ROBERSON, HOWARD SIMMONS and T-PAIN

2. YEAH!

Hip-hop ♩ = 108

Musical notation for '2. YEAH!' in treble clef, key of D major, 4/4 time. It consists of three staves of music. The first staff starts with a 4-measure rest, followed by eighth-note patterns. The second staff continues with eighth-note patterns and includes a *f* dynamic marking. The third staff includes a first ending bracket over measures 17-18 and a second ending bracket over measures 18-19. Chord symbols 'A' are placed above various notes.

Words and Music by JAMES PHILLIPS, LA MARQUIS JEFFERSON,
CHRISTOPHER BRIDGES, JONATHAN SMITH and SEAN GARRET

LOW
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RAP HITS

Alto Sax 1

p. 2

3. INDUSTRY BABY

Words and Music by MONTERO LAMAR HILL, JACK HARLOW, KANYE OMARI WEST, DAVID BIRAL, DENZEL MICHAEL-AKIL BAPTISTE,
ROSARIO PETER LENZO IV, NICHOLAS LEE, RAUL IGNACIO CUBINA and MARK WILLIAMS

Pop-rap ♩ = 148

Musical notation for '3. INDUSTRY BABY' in treble clef, key of D major, 4/4 time. It consists of three staves of music. The first staff starts with a 3-measure rest, followed by eighth-note patterns. The second staff continues with eighth-note patterns and includes a *ff* dynamic marking. The third staff includes a first ending bracket over measures 19-20 and a second ending bracket over measures 21-22. Chord symbols 'A' are placed above various notes.

INDUSTRY BABY
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Belleville West Pregame 2024

Dedicated to the Belleville West Students

Lots of people wrote it,
Hassall arranged it.
McGraw wrote the percussion

♩ = 120

Maroon March Cadence 17

Purple Majesty 18

27

31

Roll Off 1 42

Fight Song 46

54

62

70

78

86

The musical score is written on a single staff in treble clef. It begins with a tempo marking of quarter note = 120. The score is divided into several sections, each starting with a measure number in a box. Section 17, 'Maroon March Cadence', starts with a double bar line and a repeat sign. Section 18, 'Purple Majesty', begins with a dynamic marking of *ff*. Section 27 starts with a dynamic marking of *mf*. Section 31 begins with a dynamic marking of *ff*. Section 42, 'Roll Off 1', starts with a double bar line and a '4' above the staff. Section 46, 'Fight Song', begins with a key signature change to one sharp (F#) and a common time signature. The score continues with measures 54, 62, 70, 78, and 86, each starting with a measure number in a box.

Alto Saxophone 1

94



102



110

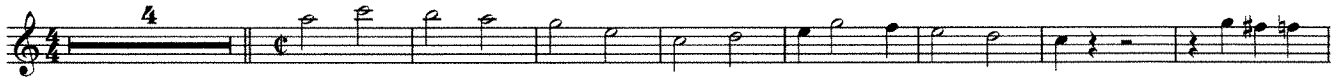


Roll Off 2

Notre Dame

118

122



130



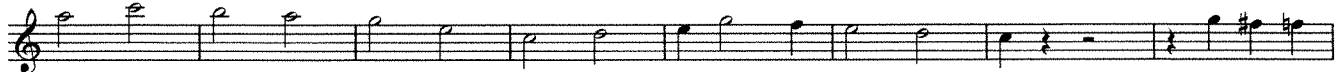
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146



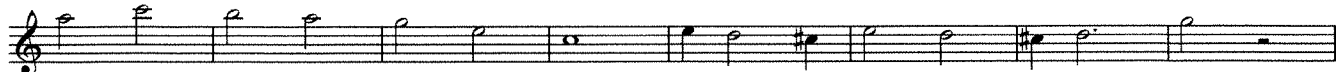
154



162



170



Alto Saxophone 1

178



186



194

Maroon March Cadence

195

America the Beautiful

212



218



Battle Hymn of the Republic

229

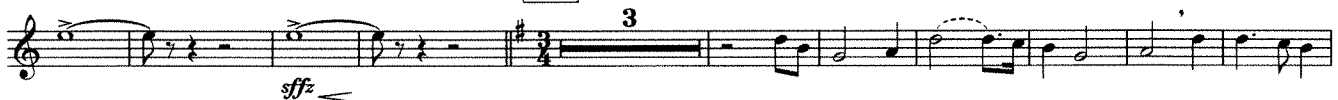


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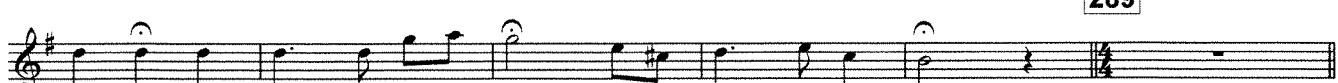
Star-Spangled Banner

253 $\text{♩} = 104$



Maroon March Cadence

289 $\text{♩} = 120$



Alto Saxophone 1

National Emblem March

17 307

317

326 333

341

351

359

367

Belleville West Pregame 2024

Dedicated to the Belleville West Students

Lots of people wrote it,
Hassall arranged it.
McGraw wrote the percussion

♩ = 120

Maroon March Cadence

Purple Majesty

18

Musical staff 1: Maroon March Cadence (measures 17-18). Measure 17 is a whole rest. Measure 18 begins with a *ff* dynamic and contains a series of eighth notes with accents.

27

Musical staff 2: Purple Majesty (measures 27-30). Measure 27 begins with a *mf* dynamic and contains a series of eighth notes with accents. The staff continues with various rhythmic patterns.

31

Musical staff 3: Purple Majesty (measures 31-34). Measure 31 begins with a *ff* dynamic and contains a series of eighth notes with accents. The staff continues with various rhythmic patterns.

Roll Off 1

Fight Song

42

46

Musical staff 4: Roll Off 1 (measures 42-43). Measure 42 is a whole rest. Measure 43 begins with a *4* dynamic and contains a series of eighth notes with accents.

54

Musical staff 5: Fight Song (measures 54-57). Measure 54 begins with a *4* dynamic and contains a series of eighth notes with accents. The staff continues with various rhythmic patterns.

62

Musical staff 6: Fight Song (measures 62-65). Measure 62 begins with a *4* dynamic and contains a series of eighth notes with accents. The staff continues with various rhythmic patterns.

70

Musical staff 7: Fight Song (measures 70-73). Measure 70 begins with a *4* dynamic and contains a series of eighth notes with accents. The staff continues with various rhythmic patterns.

78

Musical staff 8: Fight Song (measures 78-81). Measure 78 begins with a *4* dynamic and contains a series of eighth notes with accents. The staff continues with various rhythmic patterns.

86

Musical staff 9: Fight Song (measures 86-89). Measure 86 begins with a *4* dynamic and contains a series of eighth notes with accents. The staff continues with various rhythmic patterns.

Alto Saxophone 2

94



102



110

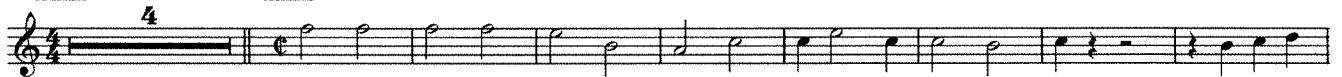


Roll Off 2

Notre Dame

118

122



130



138



146



154



162



170



Alto Saxophone 2

178



186



194

Maroon March Cadence

America the Beautiful

195

212



218



Battle Hymn of the Republic

229

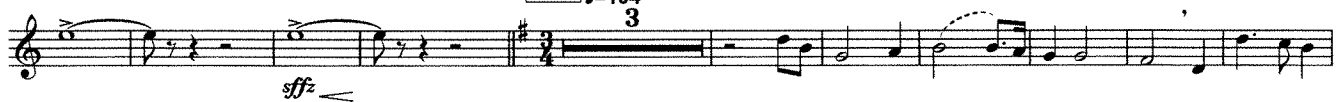


238



Star-Spangled Banner

253 $\text{♩} = 104$
3



Maroon March Cadence

289

$\text{♩} = 120$



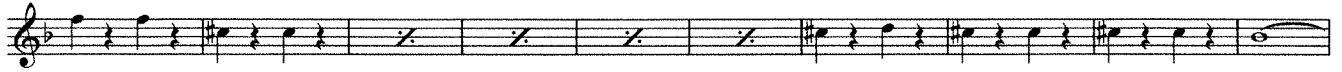
Alto Saxophone 2

National Emblem March

307



317

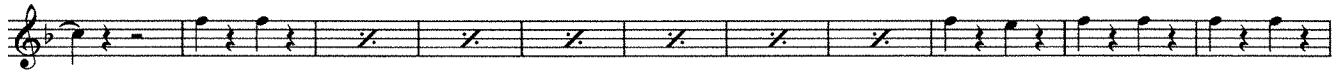


326

333



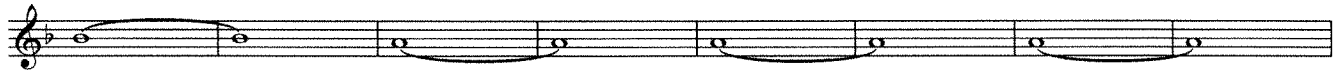
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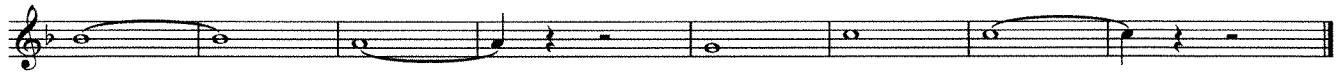
351



359



367



Alto Sax 1

METAMORPHOSIS

MVT 1

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

$\text{♩} = 164$

2 4 4 3 4 2 7
1-2 3-6 7-10 11-13 14-17 18-19 20-26

A

28 29 30 31 32 33 34 35
p *mf* *p* *mf* *p*

B

36 38 39 40
f *p* *ff*

41-42 43 44 45 46
mf *p* *f*

C

47 48 50 51 52
f *ff* *f* *ff*
Bring this out!

53 54 55 56 57
fff

D **E**

58-65 66-73 75 76
p *f*

Metamorphosis - Mvt 1 - Alto Sax 1

77 *ff* 78 *f* 79 *mp* 80 *f*

81 *p* 82 *mf* 83 *mf* 84 *p* 85 *p*

86 *ff* unis. 87 *mf* 88 *mf* 89 *mf* 90 *fff*

6 91-96 97 *p* 98 *f* 99 *fff* 100 *fff* 101 *fff*

102 *ff* 103 *ff* 104 *ff* 105 *ff* 106 *ff* 107-108

109 *f* 110 *ff* 111 *f* 112 *ff*

113 *fff* 114 *fff* 115 *fff* 116-118

Alto Sax 1

METAMORPHOSIS

MVT 2

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

♩ = 160
Count-Off

2 6 8 8 12

1-2 3-8 9-16 17-24 25-36

G

H

38 39 40

p *mf*

41 42 43 44 3 45-47

p *mf* *f* *ff*

I

49 50 51

ff

52 53 54 55 56 57 58

p *ff* *p*

rit. $\text{♩} = 122$

59 60 61 62 63 64 65 3 66-68

mp *ff* *fff*

$\text{♩} = 85$ $\text{♩} = 170$

Alto Sax 1

METAMORPHOSIS

MVT 3

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

♩ = 170

m. 65 of mvt 2

J

4 4 2 9 6

1-4 5-8 9-10 11-19 20-25

K

6 4 36 37 38 39

26-31 32-35 mp f

L

41 42 43 44

mf f mp f

45 46 47 48 49

p f ff

whole step upper

tr

50 51 52 53 54-56 57

p sub. f ff f

M

59 60 61 62 63 64 65

ff f > p ff

Metamorphosis - Mvt 3 - Alto Sax 1

66 *f* 67 *mf* 68 *f* 69

70 *mf* 71 72

73 74 *ff* 77 *f*

whole step upper **N**

78 79 *b2.* 80 81 *p.* 82 83

84 BRING IT!! 85 **O** 87 88 89

mf *ff* *ff*

90 *p sub.* 91 92 93 94 95 *ff*

P

11 8

fff 97-107 108-115

Alto Sax 2

METAMORPHOSIS

MVT 1

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

$\text{♩} = 164$

2 4 4 3 4 2 7

1-2 3-6 7-10 11-13 14-17 18-19 20-26

Detailed description: This block shows the first line of music for Alto Sax 2. It features a treble clef and a key signature of one sharp (F#). The tempo is marked as quarter note = 164. Above the staff, seven groups of fingerings are indicated: 2, 4, 4, 3, 4, 2, and 7. Below the staff, seven corresponding measure ranges are listed: 1-2, 3-6, 7-10, 11-13, 14-17, 18-19, and 20-26. The music consists of a series of horizontal lines representing rests or sustained notes.

A

28 29 30 31 32 33 34 35

p *mf* *p* *mf* *p*

Detailed description: This block contains musical staff A, starting at measure 28. It features a treble clef and a key signature of one sharp. Measures 28 and 29 are whole rests. Measures 30-35 contain a melodic line with dynamics *p* (piano) and *mf* (mezzo-forte) alternating. Slurs connect measures 30-31, 32-33, and 34-35.

B

36 38 39 40

f *p* *ff*

Detailed description: This block contains musical staff B, starting at measure 36. It features a treble clef and a key signature of one sharp. Measure 36 is a whole rest. Measures 37-40 contain a melodic line with dynamics *f* (forte), *p* (piano), and *ff* (fortissimo). Slurs connect measures 37-38, 39-40.

2 43 44 45 46

41-42 *mf* *p* *f*

Detailed description: This block contains musical staff C, starting at measure 41. It features a treble clef and a key signature of one sharp. Measures 41-42 are whole rests. Measures 43-46 contain a melodic line with dynamics *mf*, *p*, and *f*. Slurs connect measures 43-44, 45-46.

C

47 48 50 51 52

f *ff* *f* *ff*

51 Bring this out!

Detailed description: This block contains musical staff C, starting at measure 47. It features a treble clef and a key signature of one sharp. Measures 47-48 are whole rests. Measures 49-52 contain a melodic line with dynamics *f*, *ff*, *f*, and *ff*. Slurs connect measures 49-50, 51-52. Measure 51 has the instruction "Bring this out!".

53 54 55 56 57

fff

Detailed description: This block contains musical staff D, starting at measure 53. It features a treble clef and a key signature of one sharp. Measures 53-57 contain a melodic line with dynamics *fff* (fortississimo). Slurs connect measures 53-54, 55-56.

D **E**

8 8 75 76

58-65 66-73 *p* *f*

Detailed description: This block contains musical staff E, starting at measure 58. It features a treble clef and a key signature of one sharp. Measures 58-65 and 66-73 are whole rests. Measures 74-76 contain a melodic line with dynamics *p* and *f*. Slurs connect measures 74-75, 76.

Metamorphosis - Mvt 1 - Alto Sax 2

77 *ff* 78 *f* 79 *mp* 80 *f*

Musical staff 77-80: Treble clef, key signature of one sharp (F#). Measures 77-80. Dynamics: *ff* (77), *f* (78), *mp* (79), *f* (80). Articulation: slurs and accents.

81 *p* 82 83 *mf* 84.1. *p* 85

Musical staff 81-85: Treble clef, key signature of one sharp (F#). Measures 81-85. Dynamics: *p* (81), *mf* (83), *p* (85). Articulation: slurs and accents.

86 *ff* unis. 87 88 89 *mf* 90 *fff*

Musical staff 86-90: Treble clef, key signature of one sharp (F#). Measures 86-90. Dynamics: *ff* (86), *mf* (89), *fff* (90). Articulation: slurs and accents. Note: "unis." above measure 86.

6 97 *p* 98 *f* 100 *ff* 101

Musical staff 97-101: Treble clef, key signature of one sharp (F#). Measures 97-101. Dynamics: *p* (97), *f* (98), *ff* (100). Articulation: slurs and accents. Note: "6" above measure 97, "91-96" below measure 97, "F" in a box above measure 98, "3" below measure 98, "100" above measure 100, "101" above measure 101.

102 103 *ff* 104 105 106 2 107-108

Musical staff 102-106: Treble clef, key signature of one sharp (F#). Measures 102-106. Dynamics: *ff* (103). Articulation: slurs and accents. Note: "2" above measure 106, "107-108" below measure 106.

109 *f* 110 *ff* 111 *f* 112 *ff*

Musical staff 109-112: Treble clef, key signature of one sharp (F#). Measures 109-112. Dynamics: *f* (109), *ff* (110), *f* (111), *ff* (112). Articulation: slurs and accents.

113 114 115 3 116-118 *fff*

Musical staff 113-115: Treble clef, key signature of one sharp (F#). Measures 113-115. Dynamics: *fff* (115). Articulation: slurs and accents. Note: "3" above measure 115, "116-118" below measure 115.

Alto Sax 2

METAMORPHOSIS

Mvt 2

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

♩ = 160

Count-Off

2 6 8 8 12

1-2 3-8 9-16 17-24 25-36

G

H

38 39 40

p *mf*

41 42 43 44 3 45-47

p *mf* *f* *ff*

I

49 50 51

ff

52 53 54 55 56 57 58

p *ff* *p*

rit. ♩ = 122

59 60 61 62 63 64 65 3 66-68

mp *ff* *fff*

♩ = 85 ♩ = 170

Alto Sax 2

METAMORPHOSIS

MVT 3

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

♩ = 170

m. 65 of mvt 2

J

4 4 2 9 6

1-4 5-8 9-10 11-19 20-25

K

6 4 36 37 38 39

26-31 32-35 mp f

L

41 42 43 44

mf f mp f

45 46 47 48 49

p f ff

whole step upper

tr

50 51 52 53 54-56 57

p sub. f ff f

M

59 60 61 62 63 64 65

ff f > p ff

Metamorphosis - Mvt 3 - Alto Sax 2

66 *f* 67 *mf* 68 *f* 69

70 *mf* 71 72

73 74 whole step upper *tr* **N** 77 *f*

78 79 80 81 82 83

84 BRING IT!! 85 **O** 87 88 89 *mf* *ff* *ff*

90 *p sub.* 91 92 93 94 95 *ff*

P 11 8 *fff* 97-107 108-115