

BELLEVILLE TOWNSHIP HIGH SCHOOL WEST

Instrumental Music



Marching Maroons
Pregame. Warmup. Production.
2025 - 2026
Flute

Flute Fingering Chart

Low B foot joint only.

B	C	C# Db	D	D# Eb	E

F	F# Gb	G	G# Ab	A	A# Bb
					 or or

B	C	C# Db	D	D# Eb	E	F
		 or (lowers pitch)				

F# Gb	G	G# Ab	A	A# Bb	B	C
				 or or 		

C# Db	D	D# Eb	E	F	F# Gb	G
			 or (lowers pitch)	 or (lowers pitch)	 or (lowers pitch)	

G# Ab	A	A# Bb	B	C	C# Db	D
 or (lowers pitch)				 (add "gizmo" on low B foot joint only)	 or 	

Flute Maintenance

How to keep things working

A flute is an expensive responsibility and will require careful attention to keep it in prime working order. Each student is held responsible for his/her instrument. It is therefore recommended that siblings, friends and even parents without musical training should not attempt to assemble, play or clean the instrument.

NEVER EVER EVER EVER EVER EVER...

1. Get your flute wet. Water will damage your pads.
2. Use oil, or grease on the joints of your flute.
3. Grab your instrument by the keys. Thin metal bends easily!!!
4. Play with the cap on your headjoint. This affects your sound!

Daily Care:

1. Remove flute from case by the ends (where there are no keys)
2. Always wipe the tenons (these are the sections that you twist into other sections) off before assembly of the flute. A small amount of debris will build up around the joints, which is normal, but can cause problems if ignored.
3. Use a gentle back-and-forth motion to twist flute together. Pushing too hard can bend the joints!
4. Before putting away your flute, remove moisture from inside the flute with your swab. Carefully wipe off the outside of the flute to remove oils or perspiration from your hands.
5. Always store your instrument in its case.

Monthly Care:

1. Check all screws and keys.
2. If any seem loose, take to music store or teacher. DO NOT try to adjust them yourself. Serious damage can be caused by over/under tightening.

Yearly Care:

It is recommended that you have your instrument inspected by a professional each year. The shop may find adjustments or worn pads that are affecting the optimal performance of your instrument.

If you follow these guidelines your flute will last a VERY long time and will sound great the whole time!!!

Flute

WARM UPS FOR MARCHING BAND

Applications of The Breathing Gym

Pilañan & Sheridan
Permission by Goglia

Remington 1 (flow study)

(release with a breath) (etc.) (etc.) (etc.) (etc.) (etc.)

mp - f

Remington 2 (flow study)

(release with a breath) (etc.) (etc.) (etc.) (etc.) (etc.)

mf - f

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Cut Line

Warm Ups for Marching Band - Flute - page 2

(etc.) **Soft Touch** (technique study)

pp

Shwarmaaaa! (flow study)

mf - f

Red Leather, Yellow Leather (technique study)

(move down chrom. on repeat)

Red Lea-ther, Yel-low Lea-ther Red Lea-ther, Yel-low Lea-ther

Red Lea-ther, Yel-low Lea-ther, Red! Red Lea-ther, Yel-low Lea-ther Red Lea-ther, Yel-low Lea-ther Red Lea-ther, Yel-low Lea-ther, Red!

Tongue Coordination (technique study)

mp - f

Alternative Cut Line

Warm Ups for Marching Band - Flute - page 3

A single musical staff in treble clef with a key signature of two flats (B-flat and E-flat). It contains a rhythmic exercise consisting of a continuous stream of eighth notes.

A single musical staff in treble clef with a key signature of two flats. It contains a rhythmic exercise consisting of a continuous stream of eighth notes.

Flex Study 1

A musical staff in treble clef with a key signature of two flats. It features a series of eighth notes followed by a double bar line, then a dynamic marking of *mp - f* and a series of eighth notes with slurs.

A musical staff in treble clef with a key signature of two flats. It features a series of eighth notes with slurs and various accidentals (sharps and flats).

Flex Study 2

A musical staff in treble clef with a key signature of two flats. It features a series of eighth notes with slurs and various accidentals. A dynamic marking of *mp - f* is present.

A musical staff in treble clef with a key signature of two flats. It features a series of eighth notes with slurs and various accidentals.

Cut Line

Warm Ups for Marching Band - Flute - page 4

A musical staff in treble clef with a key signature of two flats. It features a series of eighth notes with slurs.

A musical staff in treble clef with a key signature of two flats. It features a series of eighth notes with slurs.

A musical staff in treble clef with a key signature of two flats. It features a series of eighth notes with slurs.

Chorale (flow study)

A musical staff in treble clef with a key signature of two flats. It features a series of quarter notes with slurs. A dynamic marking of *pp - ff* is present.

A musical staff in treble clef with a key signature of two flats. It features a series of quarter notes with slurs and various accidentals.

A musical staff in treble clef with a key signature of two flats. It features a series of quarter notes with slurs and various accidentals. A dynamic marking of *sfp* is present.

Alternative Cut Line

Jalen Marching Band
Flute

Championship Chorales

from Bach, Beethoven, Chopin, Mahler & R. Strauss

arr. Dallas C. Burke

Bach: Chorale Prelude #26

1 *mf*

Soft Ending

Big Ending

7 Beethoven: Pathetique Sonata (Op. 13), Adagio Cantabile

7 *mp* *f* *mp* *mf* *p* *ff*

14

Chopin: Preludes (Op. 28) #4 - Largo

23 *mp*

28

32

34

Championship Chorales - Flute - pg. 2

Mahler: Symphony No. 5 - Adagietto

39 *p*

43 *mp* *mf*

48

49 *ff* *mp*

Strauss (Richard): Also Sprach Zarathustra

56 *p* *mf*

60

64

62 *f* *rit.*

68 *molto rit.!*

ff

The Five-Minute Warm-Up for Winds

a daily routine for developing tone, tuning, technique, and musicianship

Piccolo/Flute

Todd Marchand (ASCAP)

1 $\text{♩} = 120$

8 **4** **f** **mf** **2**

19 **mf**

27 **4** **f** **mf** **3**

38 **mf** **cresc.** **f** **mf** **4**

46 **mf** **cresc.** **f** **mf**

55 **mf**

63 **mf**

71 **cresc.** **f** **mf** **5**

79 **mf**

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86

92

98

105

112

118

124

130

141

150

6

7

8

9

mf *cresc.* *f*

mf

mf

f

mp *cresc.* *mf* *cresc.* *f* *dim.*

mf *dim.* *mp* *dim.* *p*



Flute 2

RAP HITS

arranged by TOM WALLACE
perc. by TONY MCCUTCHEN

1. LOW

Crunk $\text{♩} = 132$

1. LOW 2. YEAH! 3. INDUSTRY BABY

Words and Music by TRAMAR DILLARD, MONTAY HUMPHREY,
KOREY ROBERSON, HOWARD SIMMONS and T-PAIN

Musical notation for '1. LOW' in C major, 4/4 time, 132 bpm. It consists of three staves of music. The first staff starts with a '2' measure rest, followed by eighth notes. The second staff continues with eighth notes and includes a '5' measure rest. The third staff includes a '13' measure rest and ends with a '6' measure rest. Dynamics include *ff* and *fff*. There are 'A' and 'simile' markings throughout.

2. YEAH!

Hip-hop $\text{♩} = 108$

Words and Music by JAMES P HILLIPS, LA MARQUIS JEFFERSON,
CHRISTOPHER BRIDGES, JONATHAN SMITH and SEAN GARRET

Musical notation for '2. YEAH!' in C major, 4/4 time, 108 bpm. It consists of three staves of music. The first staff starts with a '2' measure rest, followed by eighth notes. The second staff continues with eighth notes and includes a '5' measure rest. The third staff includes a '13' measure rest and ends with a '6' measure rest. Dynamics include *f* and *fff*. There are 'A' and 'simile' markings throughout.

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RAP HITS Flute 2

3. INDUSTRY BABY

Pop-rap $\text{♩} = 148$

Words and Music by MONTERO LAMAR HILL, JACK HARLOW, KANYE OMARI WEST, DAVID BIRAL, DENZEL MICHAEL-AKIL BAPTISTE,
ROSAÍO PETER LENZO IV, NICHOLAS LEE, RAUL IGNACIO CUBINA and MARK WILLIAMS

Musical notation for '3. INDUSTRY BABY' in C major, 4/4 time, 148 bpm. It consists of four staves of music. The first staff starts with a '3' measure rest, followed by eighth notes. The second staff continues with eighth notes and includes a '5' measure rest. The third staff includes a '13' measure rest and ends with a '6' measure rest. Dynamics include *ff*, *sp*, and *f*. There are 'A' and 'simile' markings throughout.

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Belleville West Pregame 2024

Dedicated to the Belleville West Students

Lots of people wrote it,
Hassall arranged it.
McGraw wrote the percussion

♩ = 120

Maroon March Cadence

17

Purple Majesty

18

2

ff

27

mf

31

ff

Roll Off 1

42

Fight Song

46

54

62

70

78

Flute

86



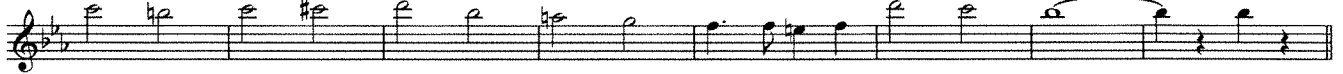
94



102



110



Roll Off 2

Notre Dame

118

122



130



138



146



154



162



170



Flute

178



186



194

Maroon March Cadence

America the Beautiful

195

212



218

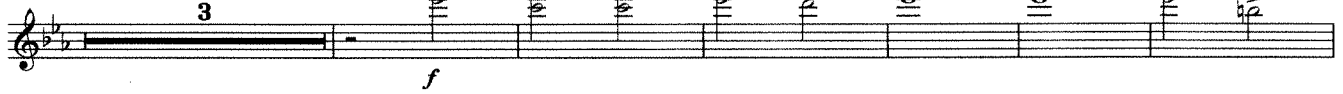


Battle Hymn of the Republic

229



238



Star-Spangled Banner

253

♩=104



Maroon March Cadence

289

♩=120



METAMORPHOSIS

MVT 1

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

♩ = 164

2 4 4 3 4
1-2 3-6 7-10 11-13 14-17

2 7 **A** 28 29 30
18-19 20-26

5 36 **B** 38 39 40
31-35 *f* *p* *ff*

2 43 44 45 46
41-42 *mf* *p* *f*

47 48 **C** 50 51 52
f *ff* *f* *ff*
51 Bring this out!

53 54 55 56 57
fff

D 8 **E** 8 75 76
58-65 66-73 *p* *f*

Metamorphosis - Mvt 1 - Flute 1

77 *ff* *f* *mp* *f* 78 79 80

Musical staff 77-80: Treble clef, key signature of two flats. Measures 77-80 contain sixteenth-note runs with slurs. Dynamics: *ff* (77), *f* (78), *mp* (79), *f* (80).

81 *p* *mf* *p* 82 83 84 85

Musical staff 81-85: Treble clef, key signature of two flats. Measures 81-85 contain quarter-note patterns with slurs. Dynamics: *p* (81), *mf* (82-83), *p* (84-85).

86 *ff* *p* *fff* 87 88 89 90

Musical staff 86-90: Treble clef, key signature of two flats. Measures 86-90 contain sixteenth-note runs with slurs. Dynamics: *ff* (86), *p* (87-88), *fff* (89-90).

6 91-96 *p* *f* *ff* 97 98 100 101

Musical staff 91-101: Treble clef, key signature of two flats. Measures 91-96 are a six-measure rest. Measures 97-101 contain quarter-note patterns with slurs. Dynamics: *p* (97), *f* (98), *ff* (100-101). A trill is marked above measure 97. A box with 'F' is above measure 99. A triplet of eighth notes is marked in measure 99.

102 *ff* 103 104 105 106 107-108 2

Musical staff 102-108: Treble clef, key signature of two flats. Measures 102-108 contain quarter-note patterns with slurs. Dynamics: *ff* (102-106). A two-measure rest is marked in measure 107.

109 *f* *ff* *f* *ff* 110 111 112

Musical staff 109-112: Treble clef, key signature of two flats. Measures 109-112 contain sixteenth-note runs with slurs. Dynamics: *f* (109), *ff* (110), *f* (111), *ff* (112).

113 *fff* 114 115 3 116-118

Musical staff 113-118: Treble clef, key signature of two flats. Measures 113-118 contain quarter-note patterns with slurs. Dynamics: *fff* (113-115). A three-measure rest is marked in measure 116.

Flute 1

METAMORPHOSIS

MVT 3

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

♩ = 170

m. 65 of mvt 2

J

4 4 2 9 6
1-4 5-8 9-10 11-19 20-25

K

6 4 36 37 38 39
26-31 32-35 mp f

L

41 42 43 44
mf f mp f

45 46 47 48 49
p f ff

whole step upper
tr
50 51 52 53 54-56 57
p sub. f ff f

M

59 60 61 62 63 64 65
ff f > p ff

Metamorphosis - Mvt 3 - Flute 1

66 *f* *mf* *f*

70 *mf*

73 *ff* *f*

whole step upper **N**

78 79 80 81 82 83

84 *p* *mf* *mf* *f* *ff* *ff*

1/2 step upper **O** 1/2 step upper

90 *p sub.* *ff*

P *fff* 11 8

97-107 108-115

METAMORPHOSIS

MVT 1

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

$\text{♩} = 164$

2 4 4 3 4
1-2 3-6 7-10 11-13 14-17

2 7 28 29 30
18-19 20-26

A

5 36 38 39 40
31-35 *f* *p* *ff*

2 43 44 45 46
41-42 *mf* *p* *f*

B

47 48 50 51 52
f *ff* *f* *ff*
51 Bring this out!

53 54 55 56 57
fff

C

D 8 8 **E** 75 76
58-65 66-73 *p* *f*

Metamorphosis - Mvt 1 - Flute 2

77 *ff* *f* *mp* *f* 78 79 80

81 *p* *mf* *p* 82 83 84 85

86 *ff* *p* *fff* 87 88 89 90

6 *p* *f* *ff* 97 98 100 101

102 *ff* 103 104 105 106 2 107-108

109 *f* *ff* *f* *ff* 110 111 112

113 *fff* 114 115 3 116-118

Flute 2

METAMORPHOSIS

MVT 2

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

♩ = 160

Count-Off

2 6 8 8 12
1-2 3-8 9-16 17-24 25-36

G

H 38 39 40
p *mf*

41 42 43 44 3
p *mf* *f* *ff* 45-47

I

49 50 51 52
ff *p*

53 54 55 56 57 58
ff *p* rit. ♩ = 122

59 60 61 62 63 64 65 3
mp *ff* *fff* 66-68
♩ = 85 ♩ = 170

METAMORPHOSIS

Mvt 3

Composed by
Ian Grom & John Mapes
www.Box-Six.com
Full Winds Instr.

♩ = 170
m. 65 of mvt 2

J

4 4 2 9 6
1-4 5-8 9-10 11-19 20-25

K

6 4 36 37 38 39
26-31 32-35 *mp* *f*

L

41 42 43 44
mf *f* *mp* *f*

45 46 47 48 49
p *f* *ff*

whole step upper
tr

50

51 52 53 57
p sub. *f* *ff* 54-56 *f*

M

59 60 61 62 63 64 65
ff *f > p* *ff*

Metamorphosis - Mvt 3 - Flute 2

66 *f* *mf* *f*

70 *mf*

73 *ff* *f*

whole step upper **N**

78 79 80 81 82 83

84 *p* *mf* *mf* *f* *ff* *ff*

1/2 step upper **O** 1/2 step upper

90 *p sub.* *ff*

P 11 8

fff 97-107 108-115