

# BELLEVILLE TOWNSHIP HIGH SCHOOL WEST

## Instrumental Music



Marching Maroons  
Pregame. Warmup. Production.  
2025 - 2026  
Mellophone



# Mellophone Fingering Chart

<p>F# or G b</p> <p>1-2-3</p>	<p>G</p> <p>1-3</p>	<p>G# or A b</p> <p>2-3</p>	<p>A</p> <p>1-2</p>
<p>A# or B b</p> <p>1</p>	<p>B</p> <p>2</p>	<p>C</p> <p>0</p>	<p>C# or D b</p> <p>1-2-3</p>
<p>D</p> <p>1-3</p>	<p>D# or E b</p> <p>2-3</p>	<p>E</p> <p>1-2</p>	<p>F</p> <p>1</p>
<p>F# or G b</p> <p>2</p>	<p>G</p> <p>0</p>	<p>G# or A b</p> <p>2-3</p>	<p>A</p> <p>1-2</p>
<p>A# or B b</p> <p>1</p>	<p>B</p> <p>2</p>	<p>C</p> <p>0</p>	<p>C# or D b</p> <p>1-2</p>
<p>D</p> <p>1</p>	<p>D# or E b</p> <p>2</p>	<p>E</p> <p>0</p>	<p>F</p> <p>1</p>
<p>F# or G b</p> <p>2</p>	<p>G</p> <p>0</p>	<p>G# or A b</p> <p>2-3</p>	<p>A</p> <p>1-2</p>
<p>A# or B b</p> <p>1</p>	<p>B</p> <p>2</p>	<p>C</p> <p>0</p>	

# Trumpet/Tuba Instrument Maintenance

## How to keep things working

& Mellophone ☺

A brass instrument is an expensive responsibility and will require careful attention to keep it in prime working order. Each student is held responsible for his/her instrument. It is therefore recommended that siblings, friends and even parents without musical training should not attempt to assemble, play or clean the instrument.

### NEVER EVER EVER EVER EVER...

1. Use hot water to clean your instrument!
2. Push or twist your mouthpiece into the lead pipe! It WILL get stuck!
3. Try to “muscle” a valve, valve cap, slide or mouthpiece. Thin metal bends easily!

### Daily Care:

1. Valves need to be lubricated regularly. To do this: (a) unscrew the valve cap and pull the valve about halfway out. (b) apply a few drops of valve oil. (c) twist valve back and forth to spread the oil. (d) push valve back into position and tighten valve cap (NOTE: on most instruments there is a valve guide to help. On others, there is a number engraved in the valve. If you are holding the instrument with the mouthpiece facing you, you should be able to see the number). DO NOT OVER-TIGHTEN THE VALVE CAP!
2. If your mouthpiece gets stuck, there is a special “mouthpiece puller”. Do not try to pull it off; you can cause serious damage to the instrument. Sometimes a gentle twist is all that is needed to free the mouthpiece.
3. When you are done playing, remove moisture from the inside of the instrument by blowing through the instrument while pressing the water keys. Wipe off the outside of the instrument to remove oil and perspiration from your hands.
4. Always store your instrument in your case. **Do not put anything else inside your case, this can cause damage.**

### Monthly Care:

1. Check all slides to see that they move freely. Lubricate with slide grease if necessary.
2. The inside of your instrument needs to be cleaned regularly. The following page describes this process in detail.

### Yearly Care:

Regular monthly care can eliminate the need for additional yearly care, but music shops can execute a “chemical dip” that will more thoroughly clean out the instrument.

If you follow these guidelines your instrument will last a VERY long time and will sound great the whole time!!!

# WARM UPS FOR MARCHING BAND

Applications of The Breathing Gym

Pilaflin & Sheridan  
Percussion by Gaglia

## Remington 1 (flow study)

(release with a breath)

(etc.)

(etc.)

## Remington 2 (flow study)

(release with a breath)

(etc.)

## Soft Touch (technique study)

pp

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Cut Line

### Warm Ups for Marching Band - F Horn - page 2

## Shwarmaaaa! (flow study)

(lip bend only)

(move down chrom. on repeat)

## Red Leather, Yellow Leather (technique study)

Red Leather, Yellow Leather Red Leather, Yellow Leather

Red Leather, Yellow Leather, Red! Red Leather, Yellow Leather Red Leather, Yellow Leather Red Leather, Yellow Leather, Red!

## Tongue Coordination (technique study)

mp - f

Alternative Cut Line

Flex Study 1

*mp - f*

Flex Study 2

*mp - f*

Cut Line

Chorale (flow study)

*pp - ff*

*sf*

Alternative Cut Line

# Championship Chorales

from Bach, Beethoven, Chopin, Mahler & R. Strauss

arr. Dallas C. Burke

$\text{♩} = 72$  Bach: Chorale Prelude #26

1 *mf* *ff*

Soft Ending Big Ending

$\text{♩} = 72$  Beethoven: Pathetique Sonata (Op. 13), Adagio Cantabile

14 *mp* *f* *mp* *mf* *p*

Chopin: Preludes (Op. 28) #4 - Largo

23 *mp* *rit.*

32

31

## Championship Chorales - Horn in F - pg. 2

Mahler: Symphony No. 5 - Adagietto

39 *p* *mp*

48 *mf* *ff* *mp*

$\text{♩} = 72$  Strauss (Richard): Also Sprach Zarathustra

56 *p* *mf*

60 *f* *rit.*

64 *molto rit.!*

68 *ff*

# The Five-Minute Warm-Up for Winds

a daily routine for developing tone, tuning, technique, and musicianship

Horn in F

Todd Marchand (ASCAP)

1 ♩ = 120

8

17

25

3

43

4

52

61

5

69

77

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84 6

90

96

103 7

cresc. *f* *mf*

110

116

8

*mf* *f*

9

*mp* *cresc.* *mf* *cresc.* *f* *dim.*

141

*mf* *dim.* *mp* *dim.* *p*

150



# F Horn

# RAP HITS

arranged by TOM WALLACE  
perc. by TONY McCUTCHEEN

## 1. LOW

### 1. LOW 2. YEAH! 3. INDUSTRY BABY

Words and Music by TRAMAR DILLARD, MONTAY HUMPHREY,  
KOREY ROBERSON, HOWARD SIMMONS and T-PAIN

Crunk  $\text{♩} = 132$

Musical notation for '1. LOW' in Crunk style, tempo 132. It consists of three staves of music. The first staff starts with a 2-measure rest, followed by notes with accents. The second staff continues the melody with accents and a *ff* dynamic marking. The third staff includes a 13-measure rest, followed by notes with accents and a *fff* dynamic marking.

## 2. YEAH!

Words and Music by JAMES PHILLIPS, LA MARQUIS JEFFERSON,  
CHRISTOPHER BRIDGES, JONATHAN SMITH and SEAN GARRET

Hip-hop  $\text{♩} = 108$

Musical notation for '2. YEAH!' in Hip-hop style, tempo 108. It consists of three staves of music. The first staff starts with a 4-measure rest, followed by notes with accents and a *div.* marking. The second staff continues with accents and a *f* dynamic marking. The third staff includes a 13-measure rest, followed by notes with accents and a *fff* dynamic marking.

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**YEAH!**  
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# RAP HITS F Horn

p. 2

## 3. INDUSTRY BABY

Words and Music by MONTERO LAMAR HILL, JACK HARILOW, KANYE OMARI WEST, DAVID BIRAL, DENZEL MICHAEL-AKIL BAITPSTE,  
ROSARIO PETER LENZO IV, NICHOLAS LEE, RAUL IGNACIO CUBINA and MARK WILLIAMS

Pop-rap  $\text{♩} = 148$

Musical notation for '3. INDUSTRY BABY' in Pop-rap style, tempo 148. It consists of four staves of music. The first staff starts with a 2-measure rest, followed by notes with accents and a *ff* dynamic marking. The second staff continues with accents and a *fp* dynamic marking. The third staff includes a 13-measure rest, followed by notes with accents and a *f* dynamic marking. The fourth staff includes a 19-measure rest, followed by notes with accents and a *ff* dynamic marking.

**INDUSTRY BABY**  
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Horn in F

# Belleville West Pregame 2024

Dedicated to the Belleville West Students

Lots of people wrote it,  
Hassall arranged it.  
McGraw wrote the percussion

♩ = 120

Maroon March Cadence

Purple Majesty

17

18



27



31




Roll Off 1

4

42

Fight Song

46




54



62



70



78



86



Horn in F

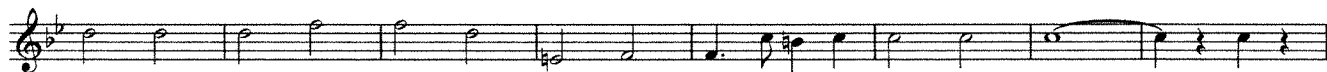
94



102



110

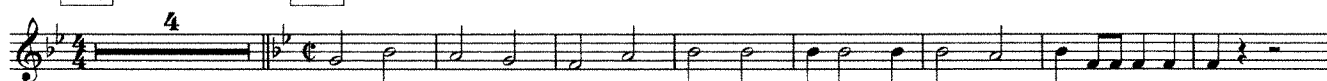


Roll Off 2

Notre Dame

118

122



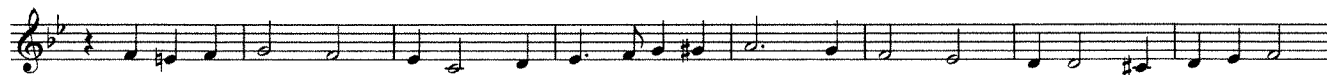
130



138



146



154



162



170



Horn in F

178



186



Maroon March Cadence

America the Beautiful

194

195

212



218



Battle Hymn of the Republic

229

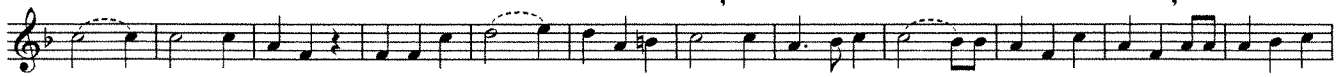
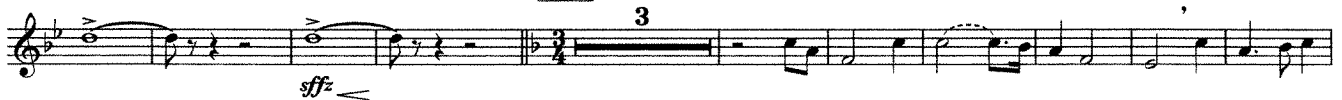


238



Star-Spangled Banner

253  $\text{♩} = 104$



Maroon March Cadence

289  $\text{♩} = 120$





# METAMORPHOSIS

## MVT 1

Composed by  
Ian Grom & John Mapes  
www.Box-Six.com  
Full Winds Instr.

$\text{♩} = 164$

2 4 4 3 4 2 7

1-2 3-6 7-10 11-13 14-17 18-19 20-26

**A**

28 29 30 31 32 33 34 35 36

*p* *mf* *p* *mf* *p*

**B**

4 41 42 43 44

37-40

*mf*

45 46 47 48

*p* *f* *f*

**C**

50 51 Bring this out! 52

*ff* *f* *ff*

53 54 55 56 57

*fff*

**D**

8 66 67 68 69

58-65

*p* *mf* *p* *mf*

# Metamorphosis - Mvt 1 - Mellophone 1

70 71 72 73 E 6  
*p* *f* *p* 75-80

81 82 83 84 85  
*p* *mf* *p*

86 87 88 tank up!  
*ff*

89 90 6 97 98  
*mf* *fff* 91-96 *mp*

**F** 100 101 102 103 104  
*ff* *ff*

105 106 2 109 110  
107-108 *mp* *f*

111 112 113 114 115 3  
*ff* *fff* 116-118

# METAMORPHOSIS

## MVT 2

Composed by  
Ian Grom & John Mapes  
www.Box-Six.com  
Full Winds Instr.

♩ = 160  
Count-Off

**G**

2 6 8 8 12  
1-2 3-8 9-16 17-24 25-36

**H**

38 39 40  
*p* *mf*

41 42 43 44 3 45-47  
*p* *mf* *f* *ff*

**I**

49 50 51 52 53  
*ff* *p*

rit. . . . . ♩ = 122

54 55 56 57 58  
*ff* *p*

♩ = 85 ♩ = 170

59 60 61 62 63 64 65 3 66-68  
*mp* *ff* *fff*

Mellophone 1

# METAMORPHOSIS

## MVT 3

Composed by  
Ian Grom & John Mapes  
www.Box-Six.com  
Full Winds Instr.

♩ = 170

m. 65 of mvt 2

**J**

4 4 2 9 6

1-4 5-8 9-10 11-19 20-25

**K**

6 4 36 37 38 39

26-31 32-35 *mp* *f*

**L**

41 42 43 44

*mp* *mf*

45 46 47 48 49

*p* *f* *ff*

50 51 52 53 3 57

*p* sub. *f* *ff* *f*

54-56

**M**

59 60 61 62 63 64 65

*ff* *f > p* *ff*

# Metamorphosis - Mvt 3 - Mellophone 1

66 67 68 69 70 71 72

*f* *p* *mf* *p*

73 74 75 77

*f* *ff* *f*

**N**

78 79 80 81 82 83

84 BRING IT!! 85 87 88 89

*mf* *ff* *ff*

**O**

90 91 92 93 94 95

*p sub.* *ff*

**P**

11 8

*fff* 97-107 108-115

Mellophone 2

# METAMORPHOSIS

## MVT 1

Composed by  
Ian Grom & John Mapes  
www.Box-Six.com  
Full Winds Instr.

$\text{♩} = 164$

2 4 4 3 4 2 7  
1-2 3-6 7-10 11-13 14-17 18-19 20-26

**A**

28 29 30 31 32 33 34 35 36  
*p* *mf* *p* *mf* *p*

**B**

4 41 42 43 44  
37-40 *mf*

45 46 47 48  
*p* *f* *f*

**C**

50 51 Bring this out! 52  
*ff* *f* *ff*

53 54 55 56 57  
*fff*

**D**

8 66 67 68 69  
58-65 *p* *mf* *p* *mf*

# Metamorphosis - Mvt 1 - Mellophone 2

70 71 72 73 E 6

*p* *f* *p* 75-80

Detailed description: This staff contains measures 70 through 73. Measure 70 starts with a piano (*p*) dynamic. Measures 71 and 72 are connected by a slur. Measure 73 features a forte (*f*) dynamic. A box labeled 'E' is positioned above measure 73. The staff concludes with a six-measure rest, indicated by a thick black bar and the number '6' above it, with '75-80' written below the rest.

81 82 83 84 85

*p* *mf* *p*

Detailed description: This staff contains measures 81 through 85. Measure 81 starts with a piano (*p*) dynamic. Measure 82 has a mezzo-forte (*mf*) dynamic. Measure 84 returns to a piano (*p*) dynamic. The staff contains eighth notes and quarter notes.

86 87 88

*ff* tank up!

Detailed description: This staff contains measures 86 through 88. Measure 86 starts with a fortissimo (*ff*) dynamic. Measure 88 includes the instruction 'tank up!' above the staff. The staff contains quarter notes and rests.

89 90 6 97 98

*mf* *fff* 91-96 *mp*

Detailed description: This staff contains measures 89 through 98. Measure 89 has a mezzo-forte (*mf*) dynamic. Measure 90 has a fortissimo (*fff*) dynamic. The staff includes a six-measure rest (measures 91-96) indicated by a thick black bar and the number '6' above it. Measure 98 has a mezzo-piano (*mp*) dynamic.

F 100 101 102 103 104

*ff* *ff*

Detailed description: This staff contains measures 100 through 104. Measure 100 starts with a fortissimo (*ff*) dynamic. Measure 103 also has a fortissimo (*ff*) dynamic. The staff contains quarter notes and rests.

105 106 2 109 110

107-108 *mp* *f*

Detailed description: This staff contains measures 105 through 110. Measure 106 has a mezzo-piano (*mp*) dynamic. The staff includes a two-measure rest (measures 107-108) indicated by a thick black bar and the number '2' above it. Measure 110 has a forte (*f*) dynamic.

111 112 113 114 115 3

*ff* *fff* 116-118

Detailed description: This staff contains measures 111 through 115. Measure 111 starts with a fortissimo (*ff*) dynamic. Measure 114 has a fortissimo (*fff*) dynamic. The staff concludes with a three-measure rest (measures 116-118) indicated by a thick black bar and the number '3' above it.

# METAMORPHOSIS

## Mvt 2

Composed by  
Ian Grom & John Mapes  
www.Box-Six.com  
Full Winds Instr.

♩ = 160

Count-Off

**G**

2 6 8 8 12  
1-2 3-8 9-16 17-24 25-36

**H**

38 39 40  
*p* *mf*

41 42 43 44 45-47  
*p* *mf* *f* *ff*

**I**

49 50 51 52 53  
*ff* *p*

rit. ----- ♩ = 122

54 55 56 57 58  
*ff* *p*

♩ = 85 ♩ = 170

59 60 61 62 63 64 65 66-68  
*mp* *ff* *fff*

Mellophone 2

# METAMORPHOSIS

## MVT 3

Composed by  
Ian Grom & John Mapes  
www.Box-Six.com  
Full Winds Instr.

♩ = 170

m. 65 of mvt 2

**J**

4 4 2 9 6

1-4 5-8 9-10 11-19 20-25

**K**

6 4 36 37 38 39

26-31 32-35 mp f

**L**

41 42 43 44

mp mf

45 46 47 48 49

p f ff

50 51 52 53 54-56 57

p sub. f ff f

**M**

59 60 61 62 63 64 65

ff f > p ff

# Metamorphosis - Mvt 3 - Mellophone 2

66 67 68 69 70 71 72

*f* *p* *mf* *p*

Detailed description: This block contains musical notation for measures 66 through 72. The music is written on a single staff in treble clef with a key signature of one flat. Measure 66 starts with a half note G4. Measure 67 has a half note A4. Measure 68 has a half note Bb4. Measure 69 has a half note C5. Measure 70 is a whole rest. Measure 71 is a whole rest. Measure 72 has a half note D5. Dynamic markings are *f* (measures 66-67), *p* (measures 68-69), *mf* (measure 70), and *p* (measure 72).

73 74 75 77

*f* *ff* *f*

**N**

Detailed description: This block contains musical notation for measures 73 through 77. The music is written on a single staff in treble clef with a key signature of one flat. Measure 73 has a half note E5. Measure 74 has a half note F5. Measure 75 has a half note G5. Measure 76 is a whole rest. Measure 77 has a half note A5. Dynamic markings are *f* (measures 73-74), *ff* (measure 75), and *f* (measure 77). A box containing the letter 'N' is positioned above measure 76.

78 79 80 81 82 83

Detailed description: This block contains musical notation for measures 78 through 83. The music is written on a single staff in treble clef with a key signature of one flat. Measure 78 is a whole rest. Measure 79 has a half note Bb4. Measure 80 is a whole rest. Measure 81 has a half note C5. Measure 82 has a half note D5. Measure 83 has a half note E5.

84 BRING IT!! 85 87 88 89

*mf* *ff* *ff*

**O**

Detailed description: This block contains musical notation for measures 84 through 89. The music is written on a single staff in treble clef with a key signature of one flat. Measure 84 has a half note G4. Measure 85 has a half note A4. Measure 86 is a whole rest. Measure 87 has a half note Bb4. Measure 88 has a half note C5. Measure 89 has a half note D5. Dynamic markings are *mf* (measures 84-85), *ff* (measures 86-87), and *ff* (measures 88-89). A box containing the letter 'O' is positioned above measure 86. There are triplets of eighth notes in measures 87 and 89.

90 91 92 93 94 95

*p sub.* *ff*

Detailed description: This block contains musical notation for measures 90 through 95. The music is written on a single staff in treble clef with a key signature of one flat. Measure 90 has a half note G4. Measure 91 has a half note A4. Measure 92 has a half note Bb4. Measure 93 has a half note C5. Measure 94 has a half note D5. Measure 95 has a half note E5. Dynamic markings are *p sub.* (measures 90-91) and *ff* (measures 92-95).

**P**

11 8

*fff* 97-107 108-115

Detailed description: This block contains musical notation for measures 97 through 115. The music is written on a single staff in treble clef with a key signature of one flat. Measure 97 has a half note G4. Measure 98 is a whole rest. Measure 99 is a whole rest. Measure 100 is a whole rest. Measure 101 is a whole rest. Measure 102 is a whole rest. Measure 103 is a whole rest. Measure 104 is a whole rest. Measure 105 is a whole rest. Measure 106 is a whole rest. Measure 107 is a whole rest. Measure 108 is a whole rest. Measure 109 is a whole rest. Measure 110 is a whole rest. Measure 111 is a whole rest. Measure 112 is a whole rest. Measure 113 is a whole rest. Measure 114 is a whole rest. Measure 115 is a whole rest. Dynamic marking is *fff* (measures 97-115). A box containing the letter 'P' is positioned above measure 97. The number '11' is positioned above measures 97-107, and the number '8' is positioned above measures 108-115.